

NOVENA TO OUR LADY OF LA SALETTE



WHAT IS A NOVENA?

A novena is a traditional devotion consisting of specific prayers recited on nine successive days. Besides being a form of praise, a novena is frequently offered for a particular intention. This practice began in 12th century Christianity and continues to be beneficial today as a way of praying for healing, protection or other blessings for ourselves or others.

This particular novena is prayed to God through the intercession of Our Lady of La Salette. In praying this Novena, as in the case of all prayer, it is good to begin by opening ourselves wholeheartedly to God's will, offering a simple act of trust in God's wisdom and love for us all.

Since Our Lady's apparition was on September 19th, 1846, the novena offered in her name is usually prayed on the eleventh to the nineteenth of each month. May Our Lady of La Salette guide you and God bless you.

HOW TO PRAY THIS NOVENA

This novena is based on the message of Our Lady of La Salette. Each day of the novena is divided into the following parts: **1)** Scripture quote for reflection; **2)** Words from the apparition dialogue of Mary at La Salette; **3)** Meditation; **4)** Prayer; **5)** After mentioning your intention, pray the *Lord's Prayer* and the *Hail Mary*; **6)** Closing prayer (La Salette invocation).

This novena can be prayed alone or with others. To set the stage for praying this novena, you are invited to read the story and full dialogue of the apparition of Our Lady of La Salette. (see: <http://www.lasalette.org>)

FIRST DAY OF NOVENA

THEME: WELCOME

Scripture Says: "Come to me, all you who labor and are burdened, and I will give you rest. For my yoke is easy, and my burden light." (*Mt. 11: 28, 30*)

Mary Said: "Come near, my children."

Meditation: What a wonderful invitation! In all simplicity Mary at La Salette calls the two children to come near. Her words echo her Son's invitation to come to him that we may find rest from our burdens and refreshment for our spirits. This too is Mary's desire: that her children — meaning us as well — should feel welcomed and loved.

Mary wishes us to come nearer to God who desires only good for us. We must approach and listen to her

words, spoken with the love and concern of Jesus. She and her Son wish that during this La Salette Novena of prayer we may "have life and have it more abundantly." (*John 10:10*) This is a wonderful outcome from this special time of prayer that we would feel at home and sense the fullness of life God wishes for us. **[Quiet Reflection]**

Our Prayer: Virgin Mother of La Salette, we approach your loving Son with confidence. We place before our Savior our labors and burdens, our thoughts and feelings, words and actions, during these days of prayer and reflection. May Christ ease our burdens, and fill us with his presence. With faith, we ask for his blessings on us and on those whom we hold close to our hearts. **[Mention Intention]**

Pray: the *Lord's Prayer* and *Hail Mary*

Invocation: Our Lady of La Salette, Reconciler of Sinners, pray without ceasing for us who have recourse to you.

SECOND DAY OF NOVENA THEME: FREEDOM FROM FEAR

Scripture Says: "Do not fear, Mary, for you have found favor with God." (*Luke 1: 30*)

Mary Said: "Do not be afraid."

Meditation: At her Annunciation, Mary's initial response to the presence and words of the angel was anxious fear. She could easily sympathize with the reaction of fear which overcame the two children at her sudden appearance on the Holy Mountain of La Salette. Her words, like those of the angel, were most welcome and reassuring.

Mary, who was relieved of her fears, now relieves us of our own. She who "found favor with God," in turn finds favor for us. Mary who knew the God of her ancestors as a God of power and might now encounters God in a personal and intimate way. At La Salette she speaks from that privileged relationship with God to teach us that we too are "beloved of the Father."

Saint John declares "perfect love drives out fear." (*1 John 4: 18*) Mary came to know that "perfect love" as her own Son. May he cast out our fear as well, and perfect his love in us. **[Quiet Reflection]**

Our Prayer: Remember, Mother of Sorrows, how often fear keeps us from God. Lovingly guide us to Jesus, the source of grace. As we take comfort in your invitation to draw ever closer to your Son, may your words melt our hearts, dispel our fears, and increase his peace within us. **[Mention Intention]**

Pray: the *Lord's Prayer* and *Hail Mary*

Invocation: Our Lady of La Salette, Reconciler of Sinners, pray without ceasing for us who have recourse to you.

THIRD DAY OF NOVENA THEME: JOY

Scripture Says: “The angel of the Lord appeared to (the shepherds) and said, ‘Behold, I proclaim to you good news of great joy that will be for all the people.’” (Luke 2: 10)

Mary Said: “I am here to tell you great news.”

Meditation: The good news spoken to Mary at her Annunciation brought forth a prayer of praise. This prayer, the *Magnificat*, not only expresses her deep joy and the conviction of her strong faith; it also recounts how God cares for and helps the needy, the downtrodden, the lost.

Like the Gospel, the message of Mary at La Salette is one of good news. Her words announce great joy — the joy of our salvation: sin is forgiven, death is destroyed, a broken world has been renewed.

The angels announced the Good News of Jesus’ birth — God breaking forth into our world. Mary at La Salette reminds us that God continues to break into our world, restoring and renewing the face of the earth. This is the Good News! This is the source of our joy! **[Quiet Reflection]**

Our Prayer: Gentle Virgin of La Salette, you urge us to find joy in God our Savior. Gladly we hear your words and pledge to spread this good news. May our lives give glory to your Son and be filled with joy in serving Christ, now and forever. **[Mention Intention]**

Pray: the *Lord’s Prayer* and *Hail Mary*

Invocation: Our Lady of La Salette, Reconciler of Sinners, pray without ceasing for us who have recourse to you.

FOURTH DAY OF NOVENA THEME: REST

Scripture Says: “Six days you may labor and do all your work; but the seventh day is the sabbath of the Lord, your God... For remember that you too were once slaves in Egypt, and the Lord, your God, brought you from there with his strong hand and outstretched arm. That is why the Lord, your God, has commanded you to observe the sabbath day.” (Deut 5: 13, 14a, 15)

Mary Said: “I gave you six days to work; I kept the seventh for myself...”

Meditation: Yes, the seventh day belongs to God and God shares this gift with us. This consecrated time is meant to free us from the vicious cycle of production and consumerism. It points us to the greater reality of



God's presence and our life of grace. We are restored to the divine image.

The One who made the heavens and the earth has reserved this day for himself to remind us that we are “(God's) children in Christ”. (*Romans 8:16*) This day, then, is also meant to restore our community. In sharing the Body of Christ we are called to be the Body of Christ. We are given into one another's care as were Jesus’ mother and disciple at the foot of his cross.

[Quiet Reflection]

Our Prayer: Faithful Virgin of La Salette, you uphold our dignity as free people and as children of God. May the Day of the Lord shine on us and give meaning to our work and our relationships so that in Jesus Christ we may give thanks to God. **[Mention Intention]**

Pray: the *Lord’s Prayer* and *Hail Mary*

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FIFTH DAY OF NOVENA THEME: TRUE FASTING

Scripture Says: “This, rather, is the fasting that I wish: releasing those bound unjustly, untying the thongs of the yoke; setting free the oppressed, breaking every yoke; sharing your bread with the hungry, sheltering the oppressed and the homeless; clothing the naked when you see them, and not turning your back on your own.” (*Isaiah 58: 6-7*)



Mary Said: “If the harvest is ruined, it is only on account of yourselves. I warned you last year. You paid no heed! Instead, you swore. The rest will do penance through the famine!”

Meditation: Mary’s message startles us to an awareness of the evils of our world and to our own indifference. Today two-thirds of the world suffers or dies from hunger. Human rights are ignored across the face of the earth and injustice lies on our very doorstep. These signs cry out for our response.

If we listen to and act upon her words and those of her Son, she promises that one day Jesus will say to us: “Come, you who are blessed by my Father. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me whatever you did for one of these least...of mine, you did for me.” (*Matt 25: 34a, 35-36, 40b*) **[Quiet Reflection]**

Our Prayer: Mother of Compassion, open our eyes to the sufferings of our sisters and brothers. Open our hearts and hands to share with these most needy of your children the plenteous blessings of this earth. Inspired by

your words, Mary, may your people continue to nourish and heal, to love and forgive, to build the world our God desires. **[Mention Intention]**

Pray: the *Lord's Prayer* and *Hail Mary*

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SIXTH DAY OF NOVENA THEME: PROMISED BLESSINGS

Scripture Says: "The desert and the parched land will exult; the steppe will rejoice and bloom. They will bloom with abundant flowers, and rejoice with joyful song. They will see the glory of the Lord, the splendor of our God." (*Isaiah 35: 1-2*)



Mary Said: "If (my people) are converted, rocks and stones will turn into heaps of wheat..."

Meditation: Jesus who opens the eyes of the blind and makes the lame dance, comes to restore us to life. The constant temptation is to harden our hearts and narrow our vision, so that we miss his very presence.

Let us come to Jesus, who is the Way to follow, the Truth to be discovered, the Life to be enjoyed and shared. He is the One who can make the desert of our heart — and of our world — bloom and bear abundant fruit.

Mary's apparition on the barren slope of La Salette has unleashed a stream of life-giving water, bearing the promise of refreshment and renewal. Heeding Mary's call to conversion makes our own lives rich and fruitful.

[Quiet Reflection]

Our Prayer: Virgin Reconciler, may your unceasing prayer and loving concern for us bear fruit in the constant conversion of our minds and hearts. May our lives burst forth anew with love for your Son. May we obtain the blessings you and your Son have promised and faithfully give him thanks as our Savior and Lord.

[Mention Intention]

Pray: the *Lord's Prayer* and *Hail Mary*

Invocation: Our Lady of La Salette, Reconciler of Sinners, pray without ceasing for us who have recourse to you.

SEVENTH DAY OF NOVENA THEME: PRAYER

Scripture Says: "Rejoice always. Pray without ceasing. In all circumstances give thanks, for this is the will of God for you in Christ Jesus." (*1 Thess 5: 16-18*)

Mary Said: "Do you say your prayers well, my children? You should say them well, at night and in the morning...(people) go to Mass just to make fun of religion. In Lent they go to the butcher shops like dogs."

Meditation: The Virgin at La Salette questions us on the quality of those gestures of faith which link us to God, and serve as the source of our ongoing conversion. Each day, we are invited to express in prayer our free and constant dialogue with God. We remember the words of Jesus' own prayer: "Father...not my will but yours be done." (*Luke 22: 42*)

Each week, we are called to celebrate the Eucharist, the central memorial of the death and resurrection of Christ. The presence of the Risen Lord in our gathering revives our faith, and helps us wait in hope until he comes again. Each year, our Lenten penance, prayer and sharing strengthens our faith. With renewed vigor, we give our lives to God daily in service to our sisters and brothers. **[Quiet Reflection]**

Our Prayer: Mary, first disciple of Jesus, make our lives a living prayer. May we always be ready to pray, to celebrate God's presence and to follow Jesus faithfully every day. Hold us close beside you in the heart of the Church, ready to share the struggles and sufferings of all your people. **[Mention Intention]**

Pray: the *Lord's Prayer* and *Hail Mary*

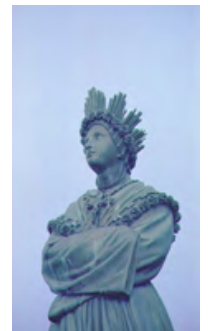
Invocation: Our Lady of La Salette, Reconciler of Sinners, pray without ceasing for us who have recourse to you.

EIGHTH DAY OF NOVENA THEME: BREAD OF LIFE

Scripture Says: Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." (*John 6: 35*)

"But you, (Maximin), surely you must have seen some (spoiled wheat) once, at (the field of) Coin...your father gave you a piece of bread and said to you: 'Here, my child, eat some bread while we still have it this year...'"

Meditation: The fear of a future evil, the carefree attitude of a child, the concern of parents for their family, the sharing of bread — all details of life held in the memory and heart of the Virgin Mary at La Salette. Her solicitude invites us to trust in her concern for our welfare.



Her loving Son, Jesus, also reminded people how much our Heavenly Father watches out for our welfare. "If you, then, who are wicked, know how to give good gifts to your children, how much more will your heavenly Father give good things to those who ask him." (*Mt 7:11*)

The promise of shared bread and good gifts is a consoling message. This pledge reminds us that the Bread of Life willingly broke and gave himself to satisfy

our deepest hunger for God. He continues to do so, and invites us to do the same. **[Quiet Reflection]**

Our Prayer: Mother, ever attentive to our needs, awaken in us compassion for the hungry and the needy. Help us to share our Creator's concern for all human hungers — of body, heart, or spirit. Give us always a yearning for the Bread of Life, Jesus, your Son and our Lord. **[Mention Intention]**

Pray: the *Lord's Prayer* and *Hail Mary*

Invocation: Our Lady of La Salette, Reconciler of Sinners, pray without ceasing for us who have recourse to you.

NINTH DAY OF NOVENA THEME: OUR MISSION

Scripture Says: Then Jesus said to them, "Go and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of (time)." (*Matthew 28: 18-20*)

Mary Said: "Well, my children, you will make this known to all my people."

Meditation: As Mary challenges and encourages us to follow her Son, she reminds us of our mission. We are to bring to the whole world the Good News of Jesus Christ. Marked by his Spirit and consecrated in truth and love, the followers of Jesus work together to advance the Kingdom of God.

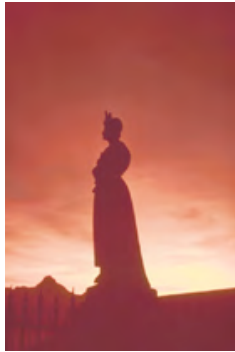
The "great news" of Mary is the Gospel of Jesus Christ. Like Mary, as we hear and bear the Word of God, we carry on the mission of Jesus, the mission entrusted to his apostles and to all the baptized. Such is our mission — so plain and simple that it was entrusted to two young children on the mountain of La Salette.

With maternal concern, the Virgin encourages us one final time: "Well, my children, you will make this known to all my people." **[Quiet Reflection]**

Our Prayer: Mother of the Church, watch over us, your people. Help us who have heard the Word of God to proclaim it in word and deed. As you were filled with the Spirit and gave birth to the Savior, may we, filled with that same Spirit, advance the kingdom of unity and peace for which Jesus gave his life on the cross. **[Mention Intention]**

Pray: the *Lord's Prayer* and *Hail Mary*

Invocation: Our Lady of La Salette, Reconciler of Sinners, pray without ceasing for us who have recourse to you.



MEMORARE TO OUR LADY OF LA SALETTE:

Remember, Our Lady of La Salette, true Mother of Sorrows, the tears you shed for us on Calvary. Remember also the care you have taken to keep us faithful to Christ, your Son. Having done so much for your children, you will not now abandon us. Comforted by this consoling thought, we come to you pleading, despite our infidelities and ingratitude.

Virgin of Reconciliation, do not reject our prayers, but intercede for us, obtain for us the grace to love Jesus above all else. May we console you by a holy life and so come to share the eternal life Christ gained by his cross. Amen.

CONSECRATION TO OUR LADY OF LA SALETTE:

Most holy Mother, Our Lady of La Salette, who for love of me shed such bitter tears in your merciful apparition, look down with kindness upon me, as I consecrate myself to you without reserve. From this day, my glory shall be to know that I am your child. May I so live as to dry your tears and console your afflicted heart.

Beloved Mother, to you and to your blessed charge and sacred keeping and into the bosom of your mercy, for this day and for every day, and for the hour of my death, I commend myself, body and soul, every hope and every joy, every trouble and every sorrow, my life and my life's end.

O dearest Mother, enlighten by understanding, direct my steps, console me by your maternal protection, so that exempt from all error, sheltered from every danger of sin, I may, with ardor and invincible courage, walk in the paths traced out for me by you and your Son. Amen.

HYMN: "AVE OF LA SALETTE" (SUNG TO "LOURDES HYMN TUNE")

1. A beautiful Lady appeared in such light,
That two little shepherds were awed by the sight.
Refrain: Ave, Ave, Ave Maria; Ave, Ave, Ave Maria.
2. "Come near, little children, do not be afraid.
I bring you such good news," she lovingly said. (**Ref.**)
3. "To all of my people God's mercy I speak, If they
in their own hearts God's pardon will seek." (**Ref.**)
4. "Pray well, then my children, at morn and at night. And
open your hearts to be changed in God's sight." (**Ref.**)
5. "My people must honor my Son and his name.
Each week as they gather, his glory they claim." (**Ref.**)
6. "O take, then, this message and go make it known
To all of my people that God's love be shown." (**Ref.**)

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